
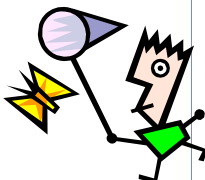


# March 2011

## ELEMENTARY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
 <p><b>1</b> <u>PANCAKES</u> Chicken Fajita Soft Taco Corn Dog Refried Beans w/ Chz. Celery Sticks w/ P.B. Fresh Fruit Salad</p>	<p><b>2</b> <u>CINNAMON ROLLS</u> Mac &amp; Chz. w/ Smokies Hamburger <b>Chef Salad</b> Broccoli w/ Cheese Baby Carrots w/ Ranch Jello Applesauce</p>	<p><b>3</b> <u>SUNRISE SANDWICH</u> Chicken Pot Pie w/ Biscuit Mozzarella Chz. Sand. Green Beans Potato Rounds Fresh Orange Half Salad</p>	<p><b>4</b> <u>BISCUIT &amp; GRAVY</u> Cheese Pizza Enchilada Spanish Rice Salad w/ Dressing Peaches Pudding</p>		<p><b>Check this out...</b> <b>Breakfast Includes:</b> Entrée Choice, Fruit Choice, and Milk <b>Plus:</b> <b>Mon/Wed/Fri</b> Potato <b>Tue &amp; Thu</b> Toast &amp; Jelly <b>Fresh Fruit Everyday!!</b> <b>Lunch Includes:</b> Entrée Choice, Vegetable Choice, Fruit Choice, and Milk <b>Plus:</b> <b>Bonus Items</b> <b>Mon – Thu</b> Garden Salad with Dressing <b>Friday</b> Pudding, Jello or Cookie</p>
<p><b>7</b> <u>Counterintelligence</u> <b>BRK BISCUIT</b> Dinosaur Pasta w/ Tx Tst. Cheeseburger <b>Chef Salad</b> Golden Corn Carrots</p>					
<p><b>8</b> <u>Wire-Tapping</u> <b>WAFFLES</b> Taco Stack Turkey &amp; Chz. Sandwich Spanish Rice Celery Sticks w/ P.B. Fresh Fruit</p>					
<p><b>9</b> <u>CIA CINNAMON ROLLS</u> Chkn Nuggets w/ Rice Tomato Soup w/ ½ Cheese Sandwich <b>Chef Salad</b> Broccoli w/ Cheese Baby Carrots w/ Ranch</p>					
<p><b>10</b> <u>Operation</u> <b>BREAKFAST BURRITO</b> Broccoli &amp; Chz. Potato Mini Corn Dogs Green Beans Peas Fresh Orange Half</p>					
<p><b>11</b> <u>Undercover</u> <b>BISCUIT &amp; GRAVY</b> Pepperoni Pizza BBQ Pork Sandwich Baked Beans Salad w/ Dressing Mandarin Oranges</p>					
<p><b>14</b> <u>SAUSAGE, EGG, &amp; CHZ. BISCUIT</u> Shrimp Poppers w/ Garlic Noodles Ham &amp; Cheese Sandwich <b>Chef Salad</b> Golden Corn Spinach Jello Applesauce</p>	<p><b>15</b> <u>“B2G”</u> Soft Shell Beef Taco Hamburger Refried Beans w/ Chz. Celery Sticks w/ P.B. Fresh Fruit Salad</p>	<p><b>16</b> <u>CINNAMON ROLLS</u> Lasagna w/ Tx Toast Hot Dog <b>Chef Salad</b> Green Beans Baby Carrots w/ Ranch Juice Bar Salad</p>	<p><b>17</b> <u>PANCAKES</u> Salisb.Stk.w/ Gravy &amp; Roll Sub Sandwich Mashed Potatoes/Gravy Broccoli w/ Cheese Fresh Orange Half Salad</p>	<p><b>18</b> <u>BISCUIT &amp; GRAVY</u> Cheese Pizza Chicken Noodle Soup w/ ½ Cheese Sandwich Peas Salad w/ Dressing Peaches Pudding</p>	
<p><b>21</b> </p>					
<p><b>22</b> <b>23</b> <b>24</b> <b>25</b></p> <p><b>March is National Nutrition Month!</b> <b>Start the day with a healthy breakfast at school!</b> <b>Balance good nutrition with daily physical activity!</b> <b>Spring Break Week</b></p>					
<p><b>28</b> <u>OATMEAL</u> <u>W/GOLDFISH GRAHAMS</u> Mini Ravioli w/ Tx Tst. Cheeseburger Carrots Green Beans Pineapple Pudding</p>	<p><b>29</b> <u>FRENCH TST STICKS</u> Hard Shell Beef Tacos BBQ Pork Sandwich Golden Corn Refried Beans w/ Chz. Fresh Fruit Vegetable Choice</p>	<p><b>30</b> <u>CINNAMON ROLLS</u> Chkn Nuggets w/ Roll Chili Cheese Corn Dog Cheesy Potatoes Spinach Applesauce Vegetable Choice</p>	<p><b>31</b> <u>BREAKFAST BURRITO</u> Chili w/ Cinnamon Roll Breaded Chkn. Sand. Peas &amp; Carrots Potato Rounds Fresh Orange Half Vegetable Choice</p>	<p><b>Breakfast:</b> <b>\$1.00 and Reduced is \$0.30</b> <b>Lunch:</b> <b>\$2.05 and Reduced is \$0.40</b></p>	

**Mission: “To provide nutritious meals which meet the needs of students’ academic and physical well-being.”**

**Parents/Guardians: Did you know you can check your child’s balance and account activity for free?**

- Set up an account on **Meal Pay Plus**: go to [www.springfieldpublicschools.org](http://www.springfieldpublicschools.org), click on Nutrition Services, Payment Options, Step by Step Account Set-up; **OR** visit [www.mealpayplus.com](http://www.mealpayplus.com)
- Have student’s ID# ready to complete the account set-up. FAQ section for helpful information.
- It’s free to check your child’s balance or account history, or to receive email notifications; however **Meal Pay Plus** charges a 4.75% fee per online payment transaction, to add money to an account.

Menus are subject to change without notice.

